

SUTHERLANDS

HAIR & BEAUTY

Blow Dry

Pre-Treatment Advice

1. For a special occasion feel free to bring along a photograph of the look you desire as a reference for your stylist.
2. Wear loose fitting clothing so you can change your outfit without damaging or altering your hairstyle. (Zips tops, cardigans and shirts are all good options)

Aftercare Advice

1. Regular conditioning treatments and trims will keep your hair healthy and locks looking radiant.
2. To maintain the condition of your hair, always wear a hat in the sun and use UV protection when sunbathing or swimming.
3. Always use a heat protection product when you are using electrical tools on your hair.
4. Ask your hairdresser to recommend a suitable at home hair care regime to look after your locks in between appointments.

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Hair Up

Pre-Treatment Advice

1. Your stylist will be happy to suggest styles for your hair up appointment but it may be helpful to bring along a photograph of your preferred style as a reference.
2. Please attend your appointment with newly washed hair. Wash your hair either the night before or on the morning of your appointment.
3. Please do not attend your appointment with heat straightened or curled hair.
4. Avoid using hairspray or hair products with a heavy or sticky consistency.
5. Wear loose fitting clothing so you can change your outfit without damaging or altering your hairstyle. (Zips tops, cardigans and shirts are all good options).

Aftercare Advice

1. Be careful removing your top when changing outfit.
2. Avoid getting your hair wet. Avoid steam, baths and showers.
3. Ask your stylist to demonstrate and recommend an aftercare product to maintain your style.

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Hair Setting

Pre-Treatment Advice

Please feel free to bring a picture of the look you desire as reference for your stylist.

Aftercare Advice

1. Regular conditioning treatments and trims will keep hair healthy and keep locks looking radiant.
2. To maintain your hairs condition, always wear a sun hat and use UV protection when swimming or sunbathing.
3. Always use a heat protection product when using electrical tools on your hair.
4. Ask your hairdresser to recommend the correct at-home hair care regime to look after your locks after your appointment.